



Wellbeing Strategy

Reviewed by: Angela Gipson

Next Review: January 2027

VISION AND AIMS

At Moulsford Preparatory School, wellbeing and mental health are central to school life and are embedded within our pastoral care systems.

Our aim is to ensure that all pupils, staff and parents feel supported, safe and able to thrive. We recognise that strong emotional wellbeing underpins learning, behaviour and relationships.

Wellbeing is understood as a shared responsibility across the whole school community, led through a consistent and proactive pastoral approach.

STRATEGIC OVERVIEW

The school adopts a whole-school pastoral approach to wellbeing, led by the Wellbeing Leader and supported by the Senior Leadership Team, pastoral staff and the Change Team.

Wellbeing is promoted through:

Daily pastoral interactions

Tutor systems and house structure

Safeguarding and wellbeing monitoring systems

Ongoing communication between staff, pupils and parents

This ensures that wellbeing is not a standalone initiative, but part of everyday school life.

SCHOOL ETHOS AND AIMS

Both a Moulsford education and the School's Vision are underpinned by our core values of:

- Kindness
- Courage
- Curiosity

Our school values guide how we live our Moulsford lives on a daily basis, and also aim to give Moulsford children a very solid set of foundations on which they can build through life's long journey.

Our Vision:

To be the Best Co-educational Prep School in our Area instilling Kindness, Courage and Curiosity in all our pupils.



The Pillars, which support our Vision:

- Build and reinforce our Community
- Excellence in everything we do
- Innovation in all areas

OBJECTIVES AND CURRENT PRACTICE

Objective 1: Whole-school commitment to wellbeing

Current Practice:

Wellbeing is embedded within pastoral care and safeguarding structures

A Change Team represents staff, pupils and parents

Ongoing review of provision through pastoral meetings and feedback

Impact:

A consistent, shared approach to wellbeing across the school

Objective 2: Clear and shared wellbeing strategy

Current Practice:

Wellbeing expectations are communicated through:

Staff briefings

Assemblies

Parent communication

Pastoral systems provide clarity on roles and responsibilities

Impact:

All stakeholders understand how wellbeing is supported

Objective 3: Positive culture and open communication

Current Practice:

Pupils are encouraged to talk openly through tutor time and pastoral support

Staff model positive relationships and communication

Mental health awareness is raised through assemblies and discussions

Impact:

A culture where pupils feel safe to speak and seek support



Objective 4: Staff wellbeing

Current Practice:

Staff are supported through:

Informal and formal pastoral support

Open communication with leadership

Opportunities for discussion and feedback

Wellbeing is considered within appraisal and staff support systems

Impact:

Staff feel supported and valued within the school environment

Objective 5: Staff training and development

Current Practice:

Staff receive ongoing guidance on:

Safeguarding

Pastoral care

Recognising emotional wellbeing needs

Information is shared regularly through staff meetings and updates

Impact:

Staff are confident in identifying and responding to concerns

Objective 6: Identification and support systems

Current Practice:

Concerns are recorded and monitored through the school's systems

Regular pastoral meetings review pupil wellbeing

Clear safeguarding and referral procedures are in place

External agencies are involved where appropriate

Impact:

Early identification and appropriate support for pupils

Objective 7: Engagement with parents and pupils

Current Practice:

Regular communication with parents regarding wellbeing

Parent workshops and resources where appropriate

Pupil voice gathered through informal and formal feedback

Impact:

Strong partnership between school and home

Objective 8: External partnerships

Current Practice:

Links with external agencies including:

Safeguarding services

NHS and CAMHS

Other relevant support services

Clear signposting for families when needed

Impact:

Access to appropriate external support when required

MONITORING AND REVIEW

Wellbeing provision is reviewed through:

Pastoral meetings

Safeguarding records

Feedback from staff, pupils and parents

Ongoing evaluation of support systems

This ensures the school's approach remains responsive and effective.